**WORKSHEET**

**BEAUTY TREATMENTS – REVISION EXERCISES**

**(vocabulary revision, listening and instructional video)**

**Task 1. Match the words with their definitions or synonyms:**

1. straighten **A.** a salon that offers all types of beauty treatments
2. pedicure **B.** skin coloured liquid cream
3. full-service beauty salon **C.** remove the curls from one’s hair
4. wide tooth comb **D.** a small stone used to remove the hard pieces of skin on a person’s feet
5. flat iron **E.** hairstyle
6. foundation **F.** a small, disposable sponge to remove makeup
7. buzz cut **G.** a tool used to straighten hair
8. hairdo **H.** a tool used to trim dead skin from around nails
9. fringe **I.** a tool used to push back cuticles
10. cuticle trimmer **J.** a tool used to untangle hair
11. concealer **K.** a haircut uniform in length on all parts of the head
12. cosmetic wedge **L.** bangs
13. orange stick **M.** a type of makeup that covers the flaws on a person’s face
14. pumice stone **N.** beauty treatment for toenails and feet
15. bob **O.** a short haircut that is chin-length with bangs

**Task 2. Watch the video and complete the sentences based on Sophia’s presentation.**

<https://learnenglishteens.britishcouncil.org/study-break/youtubers/diy-hair-mask>

1. In the video Sophia shows us how to make a very cheap and easy 1. \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_.
2. Her hair mask is perfect if one lives in a 2. \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_or 3. \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ climate or has 4. \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ hair.
3. The first ingredient for the hair mask is 5. \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_.
4. Olive oil is a natural 6. \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ that has been used throughout history and helps your scalp from becoming 7. \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ and 8. \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_.
5. Other natural oils that can be used in order to prepare the mask are: 9. \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_,10. \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ and 11. \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_.
6. Honey is good for hair because it helps to lock in 12. \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_.
7. The ratio for the hair mask is 13. \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_.
8. Once the hair mask has been applied, the person’s hair should be wrapped in 14. \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ or a 15. \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ to stop the mask from dripping.
9. Sophia usually leaves her mask on for 16. \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_.
10. While she is waiting, she usually reads a book or 17. \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ the internet.

**Task 3. Homework**

**Prepare a recorded instructional video of 2 – 3 minutes on one of the following topics:**

1. DIY hair treatment
2. Hairstyling techniques
3. Manicure procedure
4. Pedicure procedure
5. Applying makeup
6. Massage techniques

Your video presentation should be based on the following structure:

1. Introduction (introduce yourself and state the objectives of your presentation)
2. Presentation of the treatment/ procedure/ technique (necessary tools and accessories, logical sequence of steps/ instructions)
3. Conclusion - summarize the (expected) results of the chosen treatment/ procedure/ technique

**KEY**

**Task 1. Match the words with the definitions:**

1. C; 2. N; 3. A; 4. J; 5. G; 6. B; 7. K; 8. E; 9. L; 10. H; 11. M; 12. F; 13. I; 14. D; 15. O

**Task 2. Watch the video and complete the sentences based on Sophia’s presentation.**

1. hair mask, 2. hot 3. dry, 4. drier-textured hair 5. olive oil, 6. moisturizer 7. dry, 8. flaky 9. castor oil, 10. garlic oil, 11. coconut oil, 12. moisture, 13. 2:1, 14. cling film, 15. plastic bag, 16. at least an hour, 17. surfs

**Task 3. Instructional video evaluation criteria**

|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
| **Criteria** | **Excellent** | **Very good** | **Good** | **Fair** | **Not done** | **Comments/ suggestions** |
| **Style and organisation** (video content is organized and flows, the transition of “scenes” is logical) | 4 | 3 | 2 | 1 | 0 |  |
| **Creativity** (sound effects/ music, close up and distance shots during recording etc.) | 4 | 3 | 2 | 1 | 0 |  |
| **Content** (subject is introduced, viewer’s attention is caught and held, the recorded instruction is appropriate and in accordance with the task) | 4 | 3 | 2 | 1 | 0 |  |
| **Language usage, vocabulary and pronunciation** (correct sentence structure, appropriate vocabulary, correct pronunciation) | 4 | 3 | 2 | 1 | 0 |  |
| **Overall impression** (presentation attracted and maintained interest) | 4 | 3 | 2 | 1 | 0 |  |
| Total points |  |  |  |  |  |  |

*Points are to be converted to percentage for placing.*